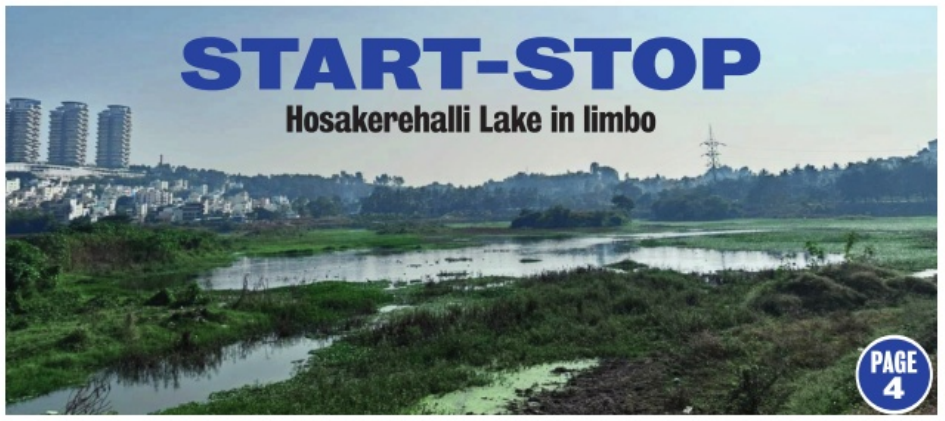
BENGALURU, SATURDAY, APRIL 27, 2024 www.Bangaloremirror.com 16 Pages PRICE ₹4

Bangalore Mirror ON SATURDAY

TEMP Max 37 | Min 22 | Humidity 22% Mostly Sunny | Sensex 73,730 | Nifty 22,419 | Gold 71,599 | Silver 81,220 | Dollar 83.36 | Euro 89.30 | GBP 104.23



How a pre paid auto-rickshaw counter was demolished 'on the pretext of junction development'

COUNTER ATTACK

Public utility at Anand Rao Circle was set up in 2017

| Y Maheswara Reddy
c-y.reddy@timesgroup.com

TWEETS @BangaloreMIRROR

The prepaid auto counter at Anand Rao Circle was a boon for people who arrive in Bengaluru at night — it is the destination for many private buses coming to the city from north Karnataka.

The proposal for the prepaid auto counter was made by Jagadish Shettar, the chief minister of the time, based on a letter written by AP Mali Patil of State Bank of Hyderabad in 2012.Patil appealed to the chief minister to have a prepaid auto counter at Anand Rao Circle for the benefit of thousands of people from north Karnataka who arrive in Bengaluru at night. Patil stated that people from north Karnataka were facing a lot of problems due to lack of transport facility to reach their destinations in Bengaluru at night.

The chief minister promptly directed the Bruhat Bengaluru Mahanagara Palike (BBMP) authorities to look into the matter. The then engineer-in-chief of the BBMP wrote a letter to the then additional commissioner of police (traffic) on December 20, 2012 to start a prepaid auto counter at Anand Rao Circle and one more at Yeshwantpur Railway Station as per the representation forwarded by the chief minister's office.

Finally, the prepaid auto counter at Anand Rao Circle became a reality in 2017 and was operational for a few years. It was very useful for the public as well as for auto rickshaw drivers.

> "There was a plan to have an RO plant for the benefit of auto rickshaw drivers and the public
> — Shivaswamy, retired sub inspector (traffic)

However, the BBMP, which made arrangements for the prepaid auto counter, demolished it in November 2023 on the pretext of junction development under the Chief Minister's Amrita Nagarothana Scheme. The BBMP engineer claimed

CONTINUED ON PAGE 8 »

Access to vote

Why poll body must ensure voters with disability exercise their right to franchise without hassle

KAUSHIK JN

| Rachana Ramesh
c-rachana.ramesh@timesgroup.com

TWEETS @BangaloreMIRROR

Many voters with disabilities in the city complained of polling booths in their constituencies being inaccessible. Disability activists told Bangalore Mirror that the Election Commission of India (ECI) must take up the matter seriously and ensure that voters with disability across the nation are able to exercise their right to franchise without any hassle. While pointing to design flaws in public institutions, they said all social spaces must abide by disability standards.

Sunil Jain, a wheelchair user narrated his experience of casting his vote: "I went to my polling station to check if I can independently go on my wheelchair with pride to vote. It looks like I still have to depend upon others and be obligated. It is frustrating and disappointing."

Being a voter in the Bengaluru Central constituency, he said the state of affairs has remained the same since he began voting. "There is a barrier in the entrance to the room and there is no ramp inside. Someone is required to assist me to get in," he added.

Vaishnavi Jayakumar from the Disability Rights Alliance (DRA) said the point of inclusivity needs to be driven home.

"Polling booths go through a process of rationalisation – to check whether a booth

CONTINUED ON PAGE 8 »

Upward trend in mumps cases: What's fuelling it?

Early signs include flu-like symptoms such as fever, fatigue, headache

Iffath Fathima
Iffath.Fathima
@timesgroup.com

TWEETS @BangaloreMIRROR

A surge in the cases of mumps, a contagious viral infection that primarily affects the salivary glands, causing swelling and pain, is noted by the paediatricians and ENT doctors of the city. According to health professionals, the current trends definitely show an increase in the number of cases compared to previous years.

Dr Nasiruddin G, Consultant-Internal Medicine at Fortis Hospital, Cunningham Road, said that mumps typically start with flu-like symptoms like fever, fatigue, and headache. Doctors suspect mumps based on symptoms and may confirm it with a blood test or saliva sample. "The most common presentation is parotitis. The hallmark sign, however, is swelling of the parotid glands (located in the cheeks, near the jaw). This swelling can be painful and make it difficult to chew or swallow. Symptoms in men can also present with testicular pain resulting in mumps orchitis (testicular pain and swelling), though we get to see it in a very small percentage of patients," he said.

According to Dr Nasiruddin, mumps outbreaks can occur due to factors like incomplete vaccination coverage. "Pockets of unvaccinated individuals or waning immunity in vaccinated populations can create opportunities for the virus to spread."

Dr Rakshita Ramesh Kamath, Consultant-ENT Surgeon, Bengaluru, said that mumps cases have surged since October 2023 in Karnataka. This surge in cases could be due to multiple factors. Talking about the current discussions in academic circles, she stated that one of the reasons for the increase in mumps cases in children could be from not being vaccinated with the mumps component, MMR. However, the Indian Academy of Paediatrics has always vouched for MMR to be given. "While the reason for contracting mumps in the adult population, although they were vaccinated, could be due to the weaning of immunity against the particular virus, it can also be due to different kinds of circulating virus strains running around or due to overcrowding, inadequate sanitation, and limited access to healthcare facilities. Additionally, many parents don't isolate children from going to school for three weeks when they are diagnosed with mumps. The child is usually sent back to school earlier than seven to ten days; this child can be a carrier of the infection for up to two weeks," she said, adding that there is a lack of awareness about infection spread.

Dr Kamath further pointed out that there are fewer cases seen in children vaccinated with MMR vaccines, while only those who are vaccinated are presenting with mumps. "I have been seeing over 15 cases a week. It is important to spread awareness about the symptomatic management to be given. The preventive measures would be the same as during Covid. The patient needs to be isolated, especially where there are elderly; their use of clothes and utensils should be separated; and they should wear N95 masks. Most importantly, the shedding of the virus takes a long time, and hence the patients should take precautions and not move around immediately as and when they start seeing their symptoms reducing. We also need to look into whether the MMR vaccine should be included in the universal vaccine coverage that we have," she added.

> **"I have been seeing over 15 cases a week. It is important to spread awareness about the symptomatic management to be given**
> – Dr Rakshita R Kamath, Consultant-ENT Surgeon

aanvii HEARING
Hear • Connect • Live
HEAR THE SOUND OF JOY
#TheWorldSoundsGood
World's 1st Rechargeable CIC Hearing Aid @ Affordable Prices*
Silk Charge & Go IX
ADDITIONAL OFFERS
Home Visit Available*
4 Years Warranty*
No Cost EMI*
365 Days Damage Protection*
FREE HEARING TEST & TRIAL*
Date : 27th Apr - 7th May
92 9490 9490
4.9 Google RATING
Aanvii Hearing Solutions Pvt Ltd
Branches:
India's MOST TRUSTED BRAND in Hearing Care
Bannerghatta | Brookfield ITPL | Cunningham Road | Ganganagar | HSR Layout | Indiranagar | Jayanagar
JP Nagar | Koramangala | Kengeri | KR Puram | Marathahalli | Nagarabhavi | Nandidurga Road
New BEL Road | Padmanabhanagar | Rajarajeshwari Nagar | Richmond Road | Sahakaranagar | Sarjapur
Vijayanagar | Vivek Nagar | Vidyaranyapura | Thanisandra | Whitefield | Yelahanka
79 Clinics | 21 Cities | 8 States | www.aanviihearing.com | /aanviihearing
*T&C Apply

3 THINGS TO DO

01 Tech, boredom and imagination

Join the fun-filled musical adventure of Tara and her three secret companions, Andro (Technology), Wadeva (Boredom) and Imagenie (Imagination) through "Tara's Trio," a musical play for children at RangaShankara. The play explores the basic idea and importance of technology, boredom, and imagination in the daily life of a child. Apart from reaffirming the need to be imaginative, the play also tries to change our perception of boredom, which is mostly seen as negative. **When: April 27, 3:30 pm and 7:30 pm; Where: Ranga Shankara**

02 Yoga for all

Enhance your overall well-being and practice yoga with Evolvyoga's classes, where a team of internationally certified and experienced instructors will guide you through dynamic sequences, helping you build physical and mental resilience. From increased flexibility and strength to improved mental clarity, these classes are designed to help you achieve your wellness goals and lead a more balanced life. **When: April 27 to May 18; Where: Jus Truf Chocolatiers, Jakkur**

03 Food fest

Experience the unique cuisine of Karnataka at the MTR's iconic food festival, "Karunadu Swada." Showcasing over 100 authentic dishes from across the state, indulge yourself and explore these mouth-watering home-cooked dishes from six different regions of Karnataka. Get ready to embark on a delectable gastronomical journey.
When: May 4 and 5, 12 pm onwards
Where: Jayamahal Palace Convention Centre

Sub-registrar in soup for registering sale deeds without occupancy certificates

Neglect of essential documents sparks concern among homebuyers

| Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

Many homebuyers are often eager to have the builder register the sale deed at a sub-registrar office promptly. They typically prioritise this step over ensuring that the builder has submitted the occupancy certificate and khata certificate of the respective flat to the sub-registrar. Their primary concern is to expedite the registration process and take possession of the flat as soon as possible.

The builder must submit the occupancy certificate and khata certificate to the sub-registrar while registering the sale deed. Without a khata certificate, homebuyers may encounter numerous future complications, as the land on which the apartment complex stands could remain under the jurisdiction of village panchayats or the revenue department.

Even after the sale to the builder and the subsequent construction of the apartment complex, the records may still reflect the original landowner as the rightful owner.

This discrepancy arises from the failure to transfer the land records to the Bruhat Bengaluru Mahanagara Palike (BBMP) following the DC conversion process, which converts agricultural land for non-agricultural purposes, effectively making it urban land under the BBMP's jurisdiction.

It falls within the responsibility of the sub-registrar to verify whether the apartment complex is situated on agricultural or non-agricultural land and whether the flat possesses a khata certificate and occupancy certificate.

However, many sub-registrars neglect to thoroughly review all the necessary documents during the sale deed registration process, often due to reasons best understood by the intermediaries prevalent in many sub-registrar offices.

Recently, the District Registrar of Basavanagudi wrote a letter on April 15 to the sub-registrar of Banashankari, instructing them to provide a

detailed report on the complaint lodged against them by Karnataka Home Buyers' Forum Sanchalak, Dhananjaya Padmanabhachar.

"You have to send a detailed report within three days on the complaint of registering sale deeds of flats that have no khata certificate and occupancy certificate," the District Registrar stated in the letter.

For any homebuyer, obtaining an occupancy certificate is crucial before moving into a flat to mitigate the risk of lawful eviction and demolition. The khata certificate contains vital information such as the type of property, size, location, number of floors, and the number of flats.

Stressing that the sub-registrar must ensure the issuance of both the occupancy certificate and khata certificate by the competent authority, Karnataka Home Buyers' Forum Sanchalak, Dhananjaya Padmanabhachar, emphasised that the sub-registrar must verify the presence of both land khata and flat khata before registering the sale deed. "Home buyers' rights are not protected due to the dereliction of duty of the sub-registrars.

Home buyers who register the sale deeds without khata and occupancy certificates will suffer later. It is always better to take measures to ensure occupancy certificates and khata are in place before registering flats. We expect the government officials to follow the law while discharging their duties," he said.

Highlighting the necessity of having occupancy and khata certificates at the time of registering the sale deed, retired Naval veteran Commander Surendra emphasised that the delay in transferring land records from local bodies to the BBMP is due to a lack of coordination.

"Once the agricultural land gets DC approval, it will become urban land. The landowner pays the fees for the conversion of the land and gets approval, but the village panchayat office fails to send the land details to the BBMP. The details of the land have to be sent to the BBMP as soon as the agricultural or revenue land is converted into non-agricultural land," the Commander explained.

Lake revival stalled, monsoon chaos feared

Hosakerehalli Lake restoration efforts halted amidst allegations of road construction by contractor

Bangalore Mirror Bureau
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

Debris from the rejuvenation work lying around Hosakerehalli Lake

Residents surrounding Hosakerehalli Lake celebrated when the Bruhat Bengaluru Mahanagara Palike (BBMP) initiated the rejuvenation of the water body a year ago. The lake had deteriorated to a deplorable state, causing residents to endure a mosquito infestation and unpleasant odours.

However, just as the work commenced in March 2023, it abruptly came to a halt amidst protests from locals who alleged that the BBMP's contractor was attempting to construct a road through the lake. With the onset of the monsoon season, residents report no further activity on the ground since then.

"BBMP abandoned the lake after the controversy regarding road construction in the middle of the lake made it to national news in March 2023. Assembly elections followed along with monsoon and all work, including de-silting, was stopped. A cyclonic storm in May 2023 broke the lake and the trash and silt gushed into people's homes and flooded the streets. We are worried about the same episode getting repeated in the upcoming monsoon," said Rachna Ravi Kiran, a resident of the area who has been following the issue closely. However, officials from the BBMP Lake Department say de-silting of the lake is completed and the lake's rejuvenation will be concluded with diversion drains.

"Monsoon will not be a problem as the lake is already de-silted and the only work left to be done is the diversion channel. There has been some delay as the contractor was reluctant to restart after the controversy in March last year. We had to threaten him with termination of the contract. BBMP's Storm Water Drain Department has completed its work. Officials have been busy due to ongoing elections. However, work will start in the coming week. We plan to wrap up the project within a month," said an official from the Lake Department. Locals say they are at their wit's end. BBMP had allocated Rs 14 crore for the restoration process, including de-silting.

> **"There has been some delay as the contractor was reluctant to restart after the controversy in March last year. We had to threaten him with termination of the contract**
>
> – Official, BBMP Lake Department

"The lake was not de-silted after work started and halted in March last year. The fund was sanctioned for de-silting as well. If they wrap up the work just by constructing a diversion drain, we will face the same monsoon issue as last year. It has to be cleaned as there is still a lot of stench of the sewage water entering the lake and a lot of silt accumulation. Scorching summer has only aggravated the problem," said another resident of the area.

Manhole woes resolved at Seegehalli Lake

Residents of Seegehalli laud timely action as Palike fixes potholes in walking path on lake premises

Bangalore Mirror Bureau
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

The residents of Seegehalli and surrounding areas who frequent Seegehalli Lake for morning and evening walks are delighted with the prompt action taken by the Bruhat Bengaluru Mahanagara Palike (BBMP) Lakes Department in addressing the manhole issue.

Residents, particularly those accompanying their children to the lake, had expressed concerns about their safety due to the deteriorating condition of the manholes along the walking path. The state of the manholes, both on the walking path and within the lake premises, had been a cause for alarm due to the apparent lack of coordination between the BBMP Lakes Department and the Bengaluru Water Supply and Sewerage Board (BWSSB). Bangalore Mirror highlighted the issue in its article titled "The Hole Works" on April 15, detailing the dangers posed by the manhole on the walking path, drawing appreciation from Balaji Raghotham, a prominent lake activist. "Many thanks to the BBMP Lakes Department for rectifying the dangerous manhole on the walking path," Raghotham expressed.

BangaloreMirror
Yet again, lack of coordination between civic bodies has manholes on walking path at Seegehalli Lake left wide open
THE HOLE WORKS
Open manholes pose danger to children, senior citizens

BM reported on April 15 about the dangers posed by the manhole on the walking path near Seegehalli Lake

Manhole on the walking path at Seegehalli Lake is now fixed

Additionally, the BBMP Lakes Department has taken steps to address the inlet problem that led to flooding during the monsoon season. N Sashidharan of RMS Colony emphasized the importance of the BBMP Lakes Department rectifying all manholes in the lake area to prevent any mishaps during the upcoming monsoon. "I urge the authorities to expedite all pending tasks, including painting the fence, without delay," Shashidharan urged.

whatsapp MIRROR
9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Material dump
Hulimavu

Construction materials have cluttered the street for the past 3-4 years, obstructing traffic flow. The abandoned construction site nearby has left these materials unattended, posing a hazard to the neighbourhood.

Bad park conditions
Sanjaynagar

This park opposite RMV Hospital in Geddalahalli is in poor condition.

Garbage spill
Belthur

The litter from Belthur has now started spilling onto the road next to Government Junior College, Belthur Colony, Kadugodi.

Sri Chaitanya
PU & CBSE (+2) COLLEGE

Sri Chaitanya Techno School
The right mentor for IIT (JEE), Medical, Olympiad & all other Competitive exams

Infinity Learn

KARNATAKA

EMPOWERING EVERY STUDENT TO BECOME EXTRAORDINARY

39 Years of Excellence 1986-2024

SEIZES 4 RANKS IN TOP 10 IN ALL-INDIA RANKS

JEE - MAIN 2024 RESULTS

1 ALL INDIA RANK

300 / 300 MARKS

Sri Chaitanya Techno School Student

K C BASAVA REDDY APPL.No. 240310618179@

300 / 300 MARKS — ALL INDIA RANK **3** — THOTAMSETTY NIKILESH APPL.No. 240310813888[P] — RANK

300 / 300 MARKS — ALL INDIA RANK **6** — HIMANSHU THALOR APPL.No. 240310580429[S] — RANK

300 / 300 MARKS — ALL INDIA RANK **9** — REDDI ANIL APPL.No.240310238514 — RANK

SECURED 25 RANKS IN TOP 100 ALL INDIA OPEN CATEGORY

Sri Chaitanya - Nagpur DLP Student

1 RANK — G N NIRMALKUMAR Appl.No. 240310385062[C]
9 RANK — REDDI ANIL Appl.No. 240310238514[I]
14 RANK — K C BASAVA REDDY Appl.No. 240310618179[I]
20 RANK — THOTAMSETTY NIKILESH Appl.No. 240310813888[P]
21 RANK — A V TANISH REDDY Appl.No. 240310807613
22 RANK — HIMANSHU THALOR Appl.No. 240310580429[S]
26 RANK — VEDANT SAINI Appl.No. 240310182830
28 RANK — P MEET VIKRAMBHAI Appl.No. 240310157524[I]

34 RANK — SANVI JAIN Appl.No. 240310150036[I]
40 RANK — VISHARAD SRIVASTAVA Appl.No. 240310046262[I]
43 RANK — T JAYADEV REDDY Appl.No. 240310167365
46 RANK — ISHAAN GUPTA Appl.No. 240310100229[I]
49 RANK — MAVURU JASWITH Appl.No. 240310542275[I]
52 RANK — DORISALA SRINIVASA REDDY Appl.No. 240310682440[I]
53 RANK — ARCHIT RAHUL PATIL Appl.No. 240310512311[I]
57 RANK — KRISHNA AGRAWAL Appl.No. 240310285850[I]

60 RANK — AYUSH GANGAL Appl.No. 240310270709
68 RANK — PALAGIRI SATHISH REDDY Appl.No. 240310905497
70 RANK — MD K GHOUSE MOHIUDDIN Appl.No. 240310176352
76 RANK — T V S SAI NAGA BHUSHAN Appl.No. 240310668568
92 RANK — M M PRUTHVI RAJ Appl.No. 240311084545
93 RANK — M SAI SIVA LOCHAN Appl.No. 240310866829[I]
95 RANK — RAJDEEP MISHRA Appl.No. 240310265621[I]
96 RANK — MANOJ SOHAN GAJULA Appl.No. 240310529661
98 RANK — KRISH NARSARIA Appl.No. 240310028286[I]

KARNATAKA TOPPERS

AIR **2** — ANIMESH SINGH RATHORE Appl No: 240310112318*

AIR **96** — MANOJ SOHAN GAJULA Appl No: 240310529661

RANK 390 — SUJAL SATISH MOTAGI Appl.No. 240310865567
RANK 517 — ANIMESH SINGH RATHORE Appl No: 240310112318
RANK 542 — ARMAN SINGHAL Appl No: 240310363633

RANK 552 — AYUSH RAI Appl No: 240310369804
RANK 572 — CHIRAG. V GOWDA Appl No: 240310578926
RANK 668 — JAGADEESH REDDY M Appl No: 240310089422

RANK 696 — ROHITH RAJEEV NAMBIAR Appl No: 240310478206
RANK 701 — VED RANSAL Appl No: 240310084019
RANK 736 — M LALITH CHANDAN Appl No: 240310476523

RANK 738 — SASHANSH DR Appl No: 240310106905
RANK 757 — AKASH KUMAR Appl No: 240310489367
RANK 796 — ADITHYA A Appl No: 240310020897

RANK 809 — RAHUL RAO Appl No: 240310331334
RANK 824 — GAUTHAM TATHANDA Appl No: 240310064589
RANK 836 — AYUSH AGARWAL Appl No: 240310615168

Below 100 All-India Open Category Ranks — 25
Below 500 All-India Open Category Ranks — 108
Below 1000 All-India Open Category Ranks — 222
Below 100 All-India All Category Ranks — 97
Below 1000 All Category Ranks Ranks — 888

TOTAL QUALIFIED RANKS FOR JEE ADVANCED 2024 **21,987**

SCAN THE **QR CODE** FOR OFFER ON JEE MAIN & JEE ADVANCED COURSES

*T & C apply | Note: Any inadvertent error published in this advertisement could be brought to our notice Note: The information is as per students feedback

* DLP | @ Gen-EWS | $ OBC-(NCL) | % SC | # ST | & GEN

Sri Chaitanya FUTURE PATHWAYS
THE NEW GENERATION GLOBAL SCHOOLS
Mapped to CBSE / IGCSE - with New-age Subjects

JP NAGAR Ph: 7207702406, 7411869835
VARTHUR Ph: 7022625895, 7022625896
HENNUR Ph: 7022625893, 7022625894
KUDLU Ph: 7619224040, 7619224041
KAGGADASAPURA Ph: 7022625898, 7022625897

Knowledge Hub
NEET | IIT JEE | FOUNDATION
www.srichaitanyaknowledgehub.com

IIT-JEE & NEET
LONG-TERM BATCH
ADMISSIONS OPEN
BASAVESHWARNAGAR Ph: 7207914069
JAYANAGAR Ph: 9177867198
KALYAN NAGAR Ph: 9177867027
BELGAVI Ph: 7207914070

Why is voter turnout so low in fast-paced B'luru?

Karnataka saw 69% voter turnout; 54% B'luru North, 53% in South

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharvMIRROR

KAUSHIK JN

Voters queue up outside a polling booth in Bengaluru on Friday

Despite extensive efforts, Bengaluru continues to uphold its questionable reputation for low voter turnout. On Friday, Karnataka saw 69.23 per cent turnout; Bengaluru North saw the highest turnout with 54.42 per cent, followed by South at 53.51 per cent and Central at 52.81 per cent. These numbers are significantly lower than the overall voter turnout in Karnataka during the first phase. This raises the important question: why are Bengalureans hesitant to vote? Being renowned as one of the most forward-thinking cities in the nation, it's puzzling why it ranks among the lowest in voter participation.

Expressing the need for understating this continuing trend, Rohan Dev, a lecturer, said, "It's paradoxical that Bengaluru, known for its strong voices, often sees a low voter turnout. While it's understandable to have occasional dips in voter participation, it's concerning to witness consistently low turnout across elections. Conducting surveys and gathering data from non-voters can provide valuable insights and help address underlying issues. Despite substantial investments by the Election Commission and BBMP in voter awareness campaigns, the results suggest that more targeted efforts are needed. A comprehensive analysis of this issue will enable officials to devise more effective strategies for future elections."

A political analyst noted that Bengaluru Urban District has consistently reported the lowest voter turnout compared to other districts in the state across all Lok Sabha and State Assembly elections spanning the last three decades. Despite extensive efforts by the EC and various NGOs to motivate voters in the city during the current Karnataka polling phase, the expected increase in voter turnout has not materialised, indicating a limited impact from these initiatives. One of the identified factors contributing to this trend is the apathetic attitude towards voting, particularly among the middle class in metropolitan areas, characterised by cynicism and scepticism towards the political process. Although the option of NOTA exists for disillusioned voters to express their dissatisfaction, many choose not to exercise this option, suggesting a deeper underlying disinterest in the system.

Talking about the significant migrant population in the city, which could contribute to errors in voter lists despite diligent efforts, another political analyst said, "Instances have been reported in the media where citizens with valid IDs found themselves omitted from the list. This could be due to both inadvertent omissions and intentional duplications, leading to an inflated voter count and a perception of low turnout. There's a need for a thorough review and cleansing of electoral rolls to rectify these issues. Additionally, political parties play a crucial role in voter engagement. The failure to present appealing candidates and a people-centric agenda can deter voter participation. Internal factionalism within parties further compounds this issue, dissuading supporters from voting. This has been observed in certain areas of Bengaluru. Addressing low voter turnout requires a holistic approach rather than quick fixes."

A quick glance at Lok Sabha polls

On Friday, voting took place for half of the 28 Lok Sabha seats. The constituencies where polling occurred include Udupi-Chikkamagaluru, Hassan, Dakshina Kannada, Chitradurga, Tumakuru, Mandya, Mysuru, Chamarajanagara, Bangalore Rural, Bengaluru North, Central, and South, Chikkaballapur, and Kolar. A total of 247 candidates, comprising 226 males and 21 females, were contested in the first phase across 14 segments. These segments encompassed more than 2.88 crore eligible voters who could cast their votes at 30,602 polling stations.

> **"Conducting surveys and gathering data from non-voters can provide valuable insights and help address underlying issues** –Rohan Dev, a lecturer

POLL BYTES

'Tinsel' votes

Numerous celebrities from the film industry, such as Shivaraj Kumar, Darshan, Jaggesh, Radhika Pandit, Rakshit Shetty, Upendra, and more, exercised their voting rights. After casting his vote, Sudeep expressed, "Today is monumental. Voting embodies hope, not certainty, especially with the escalating issues in our nation. The call shouldn't just be for citizens to vote but also for the political leaders we elect." Actor Prakash Raj said, "Voting is not just a right but a power, granting us the ability to select our voice in Parliament. It's crucial to support a candidate and manifesto that stands against the divisive politics of recent times, and that's precisely what I did today."

'Freebies' on vote

On Friday, bustling lines formed outside several eateries across the city, all thanks to their enticing offer of free dosas, laddu, coffee, and more for customers who showed their inked fingers. This initiative stemmed from various restaurants affiliated with the Bruhat Bangalore Hotels Association (BBHA), who came under the banner of 'Vote Maadi, Oota Maadi' (vote and dine). BBHA President PC Rao highlighted the necessity of such innovative gestures. He said that several bars will continue this goodwill by offering discounted meals on Saturday, compensating for their closure on polling day due to it being a dry day.

'Special' sarees

A few female officers from the Chamarajanagar district administration showcased their support for voter participation in a unique way, donning specially-crafted silk sarees adorned with a powerful message. Deputy Commissioner Shilpa Nag, also serving as the Election Officer for Chamarajanagar Lok Sabha constituency, had the message "Chunavana Parva-Deshada Garva" (election festival is the pride of the country) on her saree. The remaining officers, all dressed in sarees featuring shades of green and blue, included an Additional Commissioner, three Assistant Returning Officers, and two Tahsildars.

These resilient voters stand as a testament to all citizens

Iffath Fathima
iffath.fathima@timesgroup.com
TWEETS @BangaloreMirror

On this Lok Sabha election day, a remarkable display of determination and civic responsibility unfolded as patients admitted to hospitals or seeking emergency medical care refused to let their health conditions deter them from exercising their right to vote. Despite facing various health challenges, these individuals showed remarkable resilience as they made their way to polling stations across Bengaluru.

Among them, 64-year-old Binoy Bose, who suffered a stroke in 2004, supported by his family, made his way to polling booth 159. Despite the paralysis affecting his right side, Bose was determined to fulfill his civic duty. With the assistance of election workers, who provided him with a wheelchair, he proudly cast his vote. "It is extremely important and is the duty of every citizen to vote, and as long as I am able to do so, I will exercise my duty," Bose affirmed.

Similarly, Shankar Narayana Rao PL, aged 69 and battling diabetes with ketone, exemplified unwavering determination as he was assisted by hospital transport to polling booth number 450. SPARSH Hospital, RR Nagar, provided essential medical assistance, yet it was Rao's unwavering resolve that shone through. Grateful for the opportunity to vote, Rao expressed, "For me, it is very important to vote, as I believe it's our collective responsibility to contribute to the development of our nation."

KAUSHIK JN

A woman voter awaits to cast her vote

Manipal Hospitals facilitated 50 medically fit inpatients to cast their votes across various constituencies in the city. These patients, determined to make their voices heard, were accompanied by medical staff as they travelled to polling stations. Despite their health conditions, these individuals demonstrated their commitment to democracy, refusing to let any obstacle hinder their participation in the electoral process. Among them was Nanjundaswamy, a 103-year-old colon cancer survivor who is a former joint director of Public Instruction, Govt. of Karnataka, and a man of many talents. He was known as a very forthright and honest, hardworking officer. Despite his age, upon being deemed eligible for surgery and with support from Dr Shabber Zaveri, Chairman, HOD, and Consultant-Surgical Oncology, Manipal Hospital, Old Airport Road, he underwent surgery on March 17, 2023. Despite the surgeries he had and his age, he was dedicated to fulfilling his voting rights.

Allegations continue; EC rap for leaders

CT Ravi, Tejasvi Surya booked; while HDK alleges cash, gift voucher distribution

KAUSHIK JN

Voting in progress at a booth in the city on Friday

Former Chief Minister HD Kumaraswamy of JD(S) made startling allegations on Friday, accusing parties of distributing cash and gift vouchers in Bengaluru Rural, particularly in Kanakapura Taluk. Amid the ongoing elections in 14 constituencies, Kumaraswamy claimed that supporters from both BJP and JD(S) were assaulted in Kanakapura Taluk, with their shirts ripped off. He pointed to the distribution of 'guarantee cards' (gift vouchers) worth up to Rs 10,000, leading to confrontations when his party members protested. Additionally, Kumaraswamy mentioned the distribution of money starting from Thursday night.He also highlighted a case in Kunigal Taluk where a man committed suicide following alleged harassment and threats from Congress workers. Despite complaints filed with the Election Commission, Kumaraswamy expressed disappointment over the lack of action, humorously suggesting that the EC should consider openly allowing distribution if no measures are taken.

> **Kumaraswamy has a habit to shift blame after committing a crime. He distributes gift cards and money to voters but accuses the Congress of doing so** –DK Shivakumar, Deputy CM

In the dock

BJP leader CT Ravi was on Friday booked for allegedly promoting hatred and enmity between citizens through his social media post, the Election Commission said.

The action was initiated by the election officials of Chikkamagaluru, they said.

Meanwhile BJP leader and Bengaluru South MP Tejasvi Surya has been booked for violation of the election code of conduct and "seeking votes" in the name of religion.

"Case is booked against Tejasvi Surya MP and Candidate of Bengaluru South PC on 25.04.24 at Jayanagar PS u/s 123(3) for posting a video in X handle and soliciting votes on the ground of religion," Chief Electoral Officer, Karnataka posted on X.

The case has been filed with Jayanagar police station.

Meanwhile, Vasanth Kumar, Advocate and BJP legal cell Convenor said that five complaints were lodged with the Election Commission today.

"Today 5 complaints were lodged with the Election Commission. One is canvassing and speaking to workers by CM Siddaramaiah inside a polling booth in Mysuru...another complaint is, in a polling booth in Kolar constituency, one ex-councillor Venkatesh is distributing cash to voters, another complaint is AICC Youth President Srinivas is protesting...today is polling day so he is violating Model Code of Conduct," Kumar said.

–BMB & Agencies

POLL BYTES

'Overseas' voters

Despite the proximity of polling booths to many homes failing to attract voters, there are individuals who have journeyed from different corners of the globe to participate in the voting process here. Notably, voters from the USA, Dubai, UK and even the Philippines have made the effort to cast their votes. One voter currently residing in the USA shared that while he initially planned a visit to his family, upon learning of the election dates, he postponed his trip to align with the voting day and ensure his vote was counted. Dr. Shreyas, who traveled from Chicago, USA, said, "I have been residing in Chicago for 18 years now. I participated in the voting process in 2014, 2019, and 2023, and I'm proud to continue exercising my voting rights."

Vote first

A 90-year-old woman who had just voted at a polling booth in Mysuru district passed away shortly after returning home. In a separate incident, a patient in a wheelchair visited the polling booth, cast his vote, and then proceeded directly to the hospital. Interestingly, there were instances where couples eager to get married on the same day visited the polling booths, cast their votes, and then proceeded to the wedding venue. There were also those who prioritised voting and came to cast their votes immediately after tying the knot.

INTRODUCING
No Bending Over.
No Touching Shoes.
No Kidding.
SKECHERS
HANDS FREE
Slip-ins
NO MORE BENDING
NEVER HAVE TO TOUCH YOUR SHOES AGAIN™
MACHINE WASHABLE
JUST STEP IN™
Introducing new Skechers Hands Free Slip-ins®.
Putting on your shoes has never been easier.
No Bending over. No pulling them on. Just step in and go.
Exclusive Heel Pillow™ holds your foot securely in place!
THE COMFORT TECHNOLOGY COMPANY™

‘I WILL SLEEP A LITTLE BIT EASIER’

Du Plessis expresses ‘massive relief’ after RCB end losing streak

After the bottom-placed Royal Challengers Bangalore (RCB) ended their six-match losing streak by beating the in-form Sunrisers Hyderabad (SRH) skipper Faf du Plessis expresses a “massive relief”, saying the win affects the team’s confidence so he will now “sleep a little bit easier”.

RCB secured their second victory in IPL 2024 with a 35-run win against SRH at the Rajiv Gandhi International Stadium. Their previous win took place precisely a month earlier against Punjab Kings at the Chinnaswamy Stadium, where they successfully chased down 177 runs.

On Thursday, RCB showcased a dominating performance backed by an incisive team effort by the bowlers to defend 206 against a dangerous SRH batting side.

“I think the last two games we have certainly shown great signs of a fight. The SRH game was 270 (287) plus and we got close to 260 (262), great fight and the KKR game as well, one run, almost a record-chasing score. We have been close for a while but you need to win matches to get the confidence back in the group. It’s a massive relief for all of us.

“No matter who you are, when you are not winning it affects you mentally, it affects your confidence so I will sleep a little bit easier tonight,” Du Plessis said at the post-match presentation ceremony.

“You can’t speak confidence into the group, you can’t fake confidence into the group. The only thing that gives confidence is performances. First half of the tournament we certainly felt like we weren’t near our full potential. And when you’re playing at 50% or 60%, obviously, you try 100%, ... The competition is so strong, the teams are so strong that you’ll get hurt,” he said.

The South African veteran also emphasised batting cohesively as a unit rather than relying solely on individual performances, noting that in the first half of the tournament, only Virat Kohli was contributing with the bat.

“The last week and a half we have been working hard to make sure we get better at our own game. You can see the last game; there is some confidence in our batting.

We have got more guys scoring runs now. For the first half of the tournament only it was only Virat [Kohli] contributing. Rajat played two really good innings back-to-back, Greeny [Cameron Green] getting runs, it’s massive for him just to get that load off his shoulders.

“It’s important as a batting line-up to contribute together because we have seen the scores are so big, it’s never going to be just one guy scoring the runs.” said the RCB skipper.

Du Plessis further said it had been frustrating to bowl at the Chinnaswamy Stadium in Bengaluru because of the shorter boundaries. But praised the larger dimensions and conditions at Hyderabad’s Rajiv Gandhi International Stadium for his spinners. –IANS

Design flaw & disabled persons’ right to franchise

CONTINUED FROM PAGE 1

is suitable or not. Political parties are part of the process; DRA has been demanding that sector reps need to be included. Otherwise, you have atrocities like this,” she said.

She explained that the last dates for public and private establishments (physical infrastructure) for complying with the accessibility mandate by the government was latest by June 15, 2022, while for websites and other virtual portals was June 15, 2019.

“So, it is no longer enough that ECI is failing in providing a 1:10 ramp as an assured minimum facility at every booth. It’s a larger question of why schools and colleges are still running if they have not complied, and how many students with disabilities can access those schools and colleges,” she said.

Anita Iyer, a disability rights activist, said there are 21 disabilities and conditions leading to disabilities recognised by the government, and need to be catered to in terms of facilities and accessibility. She added that a group of people representing different disabilities or a consultant must be included in the rationalisation process. As a temporary measure, the ECI can opt to rent out open spaces such as wedding halls and playgrounds that can be easily accessed without the need for assistance from volunteers and members of the commission, she suggested.

When asked about the number of voters with disabilities across the nation, Iyer said that the accurate number cannot be predicted as a huge chunk of persons with disabilities do not possess a Unique Disability Identity card (UDID). In the assembly elections conducted last year, differently abled voters stood at 5.5 lakh, a 158% increase when compared to the previous count. The Election Commission had then said that it was a result of an effort to have a more inclusive electoral roll from marginal communities.

Data shows 14 parliamentary constituencies going to polls across Karnataka received over 1,200 requests on the Saksham application as of Wednesday. The application has been created to help ease the process of voter registration and voting for people with disabilities, by providing services such as pick-up and drop, and wheelchair services.

Iyer noted that awareness regarding the provision of senior citizens and those with disabilities being able to vote from home needs to be increased widely as many still have to go to the polling booth in order to exercise their franchise.

Viswesh Shekar, a disability rights activist had previously told Bangalore Mirror: “Even when there are ramps and other arrangements, they are made only to get by these mandates and are not scientifically designed. At best, they can be used to move cylinders and two-wheelers but cannot be used to move wheelchairs,” he said.

Lack of scrutiny by urban local bodies has led to ineffective implementation of the standard, causing the many issues that disabled people have to face. “To make a building accessible, it does not cost much. It will require an initial investment, but in the long run, it tapers down as the infrastructure will attract the untapped disability market,” Shekar added.

Pre paid counter

CONTINUED FROM PAGE 1

the prepaid auto counter was not functioning. The engineer considered it a hindrance for the development of the junction but did not take measures to remove two shops from the footpath at Anand Rao Circle, one of it is allegedly owned by the supporters of a cabinet minister.

“I took permission from the BBMP and availed funds from some philanthropists to start the prepaid auto counter at Anand Rao Circle. It was a great help for thousands of people. There was a plan to have an RO plant for the benefit of auto rickshaw drivers and the public but the BBMP demolished it on the pretext of developing the junction,” said Shivaswamy, a retired sub inspector (traffic) who played a key role in establishing the prepaid auto counter.

Shivaswamy worked as sub-inspector at Upparpet traffic police station.

It is alleged that a sub inspector (traffic) attached to High Grounds Traffic Police Station helped the BBMP workers to demolish the prepaid auto counter claiming that Anand Rao Junction comes under the jurisdiction of High Grounds Traffic Police Station.

Meanwhile, auto rickshaw drivers want the BBMP authorities and traffic police to establish a prepaid auto counter at Anand Rao Circle.

“The prepaid auto counter was very convenient and useful for auto rickshaw drivers and the public. We are contemplating to meet the BBMP chief commissioner shortly to seek his intervention to fix this problem,” said Rudramurthy, general secretary, Auto Rickshaw Drivers’ Union.

CINE COM ADVERTISING

CINE COM ADVERTISING

Enhancing the Interior of Your Car

If you frequently commute or spend extended periods driving, personalizing your car's interior can enhance your overall traveling experience. Making minor adjustments within the car can create a unique ambiance that reduces stress and enhances comfort.

Dashboard: Refresh the look of your car's dashboard by using fabric that complements the vehicle's color scheme. Adding decorative beads can further enhance its appeal.

LED Lighting: Incorporating LED lights inside the car can create a cozy and inviting atmosphere. Installing LED strips along the dashboard edges or other areas can provide a vibrant glow that adds to the overall ambiance.

Doors: Adding small, delicate wind chimes can add a stylish element to your car's interior, making the driving experience even more enjoyable. You can also explore a variety of decorative door handle options, ranging from traditional to contemporary designs.

Seats: Opt for seat covers that match your car's color scheme or choose designs that resonate with your style.

Window Tinting: Modern tinting options come in various colors, such as blue, green, and red, which can add a touch of elegance to your vehicle.

Navigation System: Installing a navigation system can simprove the convenience and safety of your journeys, making navigation effortless.

Comfort Accessories: Enhance your seating comfort with pillows, cushions, headrests, and armrests.

Floor Mats and Steering Wheel: Customize your car's interior further by selecting floor mats with quotes from your favorite movies or books, or opt for mats featuring characters from popular TV shows.

Ambient Lighting: Install ambient lighting systems that allow you to change the color and intensity of the interior lighting.

Sound System Upgrade: Upgrade your car's audio system with high-quality speakers and a subwoofer for a premium listening experience. Consider adding soundproofing materials to reduce outside noise.

Tech Integration: Incorporate features like wireless charging pads, smart device connectivity, and voice-command systems to streamline your driving experience and stay connected on the go.

Climate Control: Install advanced climate control systems with individual temperature settings for each passenger, heated seats, and ventilated seat options.

Storage Solutions: Utilize innovative storage solutions like overhead consoles, underseat storage compartments, and trunk organizers to keep your car neat and organized.

Luxury Upholstery: Upgrade your car's upholstery to premium leather or suede materials for a luxurious feel and enhanced durability. Consider adding seat massagers.

Safety Features: Invest in advanced safety features such as blind-spot monitoring, lane departure warning systems, and rearview cameras to enhance driving safety.

Entertainment Options: Install rear-seat entertainment systems with screens, gaming consoles, and wireless headphones to keep passengers entertained during long journeys.

Customized Themes: Create customized interior themes based on your preferences, such as sports-themed, vintage-inspired, or futuristic designs, to reflect your personality and style.

Evolving trends of cars

An expert said that while cars on the market today may appear technologically advanced, they often resemble the Blackberry of the past—a case of old technology repackaged. Despite advancements like digital displays replacing traditional meters, fundamental technologies from past decades remain prevalent. Prices have decreased, making these technologies more accessible. Additionally, engine designs and vehicle formulas have seen little change. Some companies have even halted research on conventional petrol and diesel vehicles in favor of newer alternatives like electric and hydrogen-powered cars.

Yet, the automotive industry is undergoing significant changes. Electric vehicles are gaining traction, and hydrogen fuel cells are generating interest. A Japanese automobile manufacturer has partnered with a battery company for electric vehicles, with a focus on hydrogen-powered innovations. "Looking ahead, India mandates that new conventionally fueled vehicles from 2025 must feature a Plex engine capable of running on ethanol, petrol, or a mixture of both. This shift aligns with the government's plan to increase ethanol production domestically," another expert added.

For Dealership Enquiries
+91-9738694694
Quantum ev
ಆಹ್ವಾನಿಸುತ್ತಿದೆ Challengers of Royal Karnataka ಸವಾರಿ ಮಾಡಲು
Quantum e-scooters
PLASMA
Range 120* KM
Turn by Turn Navigation
Bluetooth
STARTING FROM ₹ 1,09,095
₹ 89,095
EX-SHOWROOM
T&C APPLY
Scan for Video
BZINESS
Range upto 110* KM
Top Speed 55 kmph
Thermal Alarm
STARTING FROM
₹ 98,175
EX-SHOWROOM
T&C APPLY
Scan for Video
Buy & Claim ₹ 75000/- paytm
Availabale on amazon
LIMITED OFFER
For Sales +91-8926853853
*Range based on Eco Mode, Single Rider
Jakkeep Motors, 162/1, konappana agrahara, hosur road,Electronic city, Bengaluru, (Bangalore) Urban, Karnataka, 560100, Phone: 9606020138 | Mudnal Bhimareddy EV Hub, Plot No. A1/1B, Sy No.251, Near Mudnal Petrol Pump, Mudnal Layout, Yadagiri, Karnataka - 585202, Phone: 9686199995 | RSN GREEN MOTORS, No. 6-1-2911/D/2,, C.M.C. Kustagi Main road., Sindhanur, Raichur, Karnataka - 584128, Phone:9035005066 | DEVI AUTOMOTIVES, Kori Sadanna Complex , Beside South Indian Bank , Gubbi Gate Circle , B.H. Road , Tumkur : 572101 , KARNATAKA, Phone: 9731601215 | Tectrac OGO Electric, Kalyannagar, Karnataka-560043, Phone: 7975818130, Tectrac OGO Electric, Hebbal, Karnataka-560024, Phone: 9663984384 | B M MOTORS, CTS NO 619, HINDU NAGAR, NEAR PARATHA CORNER, TILAKWADI, BELGAUM, KARNATAKA. - 590006, Phone: 9902154675, 7022104675
support@quantumenergy.in
www.quantumenergy.in

HEALTH TIP: For better sleep, avoid drinking caffeinated beverages like coffee or tea in the afternoon and evening

Exercise helps improve blood circulation, which promotes better oxygen and nutrient delivery to the uterus and surrounding tissues

BangaloreMirror | 10
Saturday, April 27, 2024
mybangaloremirror@timesgroup.com
facebook.com/thebangaloremirror
@BangaloreMirror

GOOD JOB

What is meaningful work? A philosopher's view

Work is an inescapable feature of the modern world. Most of us, except for a lucky few, spend a significant portion of our lives working. If this is the case, we may as well try and make it meaningful. In a 2019 report, 82% of employees reported that it is important to have a purpose in their work and that creating meaningful work was one of their top priorities.

But what exactly makes a particular job an instance of "meaningful work"? Is it just any sort of work people happen to believe is meaningful? Or is it a job with certain objective features?

To answer these questions, we might first think about what makes work meaningless. Take the Greek myth of Sisyphus, whose punishment for misbehaviour was to roll a boulder up a mountain only for it to roll back down just before he reached the top. He had to walk back down and start again, repeating the process forever. Today, we describe laborious and futile tasks as Sisyphean.

The gods knew what they were doing with this punishment – anyone who has spent time doing Sisyphean tasks in their work will understand how soul crushing they can be.

Fyodor Dostoevsky certainly understood this. Partly informed by his own experience in a labour camp, the novelist wrote that: "If one wanted to crush and destroy a man entirely … all one would have to do would be to make him do work that was completely and utterly devoid of usefulness and meaning."

People may believe such Sisyphean tasks are meaningful (maybe this is the only thing that makes it bearable), but is this belief alone enough to make it so? Many philosophers don't think so. Instead, they argue that for an activity to be meaningful, it must also contribute to some goal or end that connects the person doing it to something larger than themselves. As philosopher Susan Wolf puts it, meaning requires seeing "one's life as valuable in a way that can be recognised from a point of view other than one's own".

In my own research into the meaning of work, I argue that for a job to be meaningful, it requires some objective feature to connect the worker with a larger framework that extends beyond themselves.

This feature, I suggest, is social contribution: are you making a positive difference with your work? Is your work useful, and does it help others carry out their lives? Confidently answering "yes" to these questions places your work in the larger context of society.

> **For a job to be meaningful it needs some feature to connect the worker with a larger framework beyond themselves**

Sisyphean work clearly fails against this standard of social contribution, and so cannot be meaningful. There are, at least according to some studies, a surprising number of jobs like this in modern economies. The recent penchant for "lazy girl jobs" and "fake email jobs" suggest that some young people may actually be seeking out such work as a way to maintain a healthier work-life balance and separate their sense of self from their job.

Do no harm

Another implication of my view is that work cannot be meaningful if it not only fails to help others but actually harms them. Examples might be marketing intentionally defective products, or working in sectors that contribute to the environmental crisis and all its affiliated harms. The phenomenon of "climate quitting" (leaving an employer for environmental reasons) could be seen as the result of people deciding to quit out of a desire for meaningful work.

These examples suggest that a job will not automatically be meaningful just because it contributes to the economy. While market value and social value sometimes overlap (for example, working in a supermarket helps put food in people's stomachs), these two kinds of value can come apart.

We must think about who benefits from our work, whether their social position means this benefit comes at the cost of others being harmed, and whether there are likely to be unintended negative consequences from our work.

Meaningful work within organisations

On top of just asking whether some jobs positively contribute to others, I also suggest that work will struggle to be meaningful when workers do not experience their contributions as palpable. In other words, can you see the contribution you are making in your work, or do you feel abstract and removed?

This is especially relevant to people with jobs in complex companies or large organisations. Most companies do not give ordinary workers influence over big decisions that affect how the company operates in society (such as decisions about what product to produce or service to offer, which markets it operates in and so on). Instead, this influence is limited to managers and executives.

As a result, workers can easily become disconnected and alienated from the social contribution contained in their work, thereby preventing it from being meaningful for them. Take the following from an auditor of a large bank: "Most people at the bank didn't know why they were doing what they were doing. They would say that they are only supposed to log into this one system … and type certain things in. They didn't know why."

The issue here isn't that the workers aren't contributing (banks have an important social function after all), but that in their day-to-day work they are completely removed from how they are contributing.

One way to make more work more meaningful for more people would be to think about how large organisations could more democratically involve workers in these sorts of decisions. This could mean giving workers veto powers over strategic decisions, having worker representatives on company boards, or even turning the company into a worker cooperative.

Research suggests democratic arrangements like these can help people find a sense of meaning in their work by connecting them more closely to the positive outcomes that result from it.

(By Caleb Althorpe, Trinity College Dublin, The Conversation)

All you need to know about...

Happy foods

Dark Chocolate
It is an excellent de-stressor and mood-booster. "Dark chocolate is packed with flavonoids that reduce stress and inflammation, improve memory, mood and immunity. Rich in antioxidants, consuming dark chocolate can lower stress hormone cortisol as well as tackle hormones known as catecholamines in highly stressed people," shares Fitness and Nutritional Scientist Dr Bhargava.

Nuts and Seeds
Nuts and seeds can have benefits against stress and tension. "As they are rich in Omega-3 and Omega-6 fatty acids, they support cellular structure and its functions. Walnuts, cashews and sunflower seeds can boost serotonin production in the body that can help us tackle a stressful day," he said.

Avocados
If you're a fan of avocados, here's one more reason to love them. "Rich in essential vitamins and minerals like C, E, K and B-6 as well as riboflavin, niacin, folate, avocados are known to reduce stress, boost concentration and improve mood," shares Dr Bhargava.

Fermented foods
"It has been proven that good mental health and fermented foods are linked. It ensures a better balance of gut microbiome towards beneficial bacteria to keep us mentally and physically fit. Yoghurt, tempeh, kefir, miso, and kombucha are some of the most beneficial fermented foods," reveals Dr Bhargava.

Citrus Fruits
Antioxidant-rich citrus fruits are also associated with relieving stress. Dr Bhargava explains, "As our body needs vitamin C in times of stress, consuming citric fruits like papaya, mango, grapefruit and oranges are a great way to help the body on a biochemical as well as physiological level." **-Femina**

Enduring Passion for Adventurous Rides

Bikes have an undeniable allure that transcends mere transportation. They evoke a sense of freedom, adventure, and adrenaline rush that captivates enthusiasts of all ages. The love for bikes and bike rides is deeply rooted in human nature, stemming from a combination of factors ranging from practicality to pure passion.

One of the primary reasons people love bikes is the sheer sense of freedom they offer. Unlike cars, bikes provide a more immersive and intimate experience of the journey. Santosh M, an avid biker said, "You're completely in contact with it all. You're in the scene, not just watching it anymore, and the sense of presence is overwhelming." Riding a bike allows you to feel the wind on your face, smell the surroundings, and connect with the environment in a way that's impossible within the confines of a car.

The thrill of adventure is another driving force behind the love for bikes. Whether it's cruising along scenic routes, exploring off-road trails, or embarking on long-distance journeys, bikes open up a world of possibilities for adventure seekers. As adventurer Mukund Kumar stated, "On a motorcycle, you can't really think about more than where you are. There's a freedom that comes with that - from stress, worry, sweating the small stuff."

Bike rides also offer a unique sense of camaraderie and community. Group rides and biking events bring together like-minded individuals who share a passion for two-wheeled adventures. This sense of belonging and shared experiences creates lasting friendships and bonds. As motorcycle racer Surabhi Kamat aptly put it, "Riding a race bike is an art - a thing that you do because you feel something inside."

For many, bikes represent a form of self-expression and identity. The type of bike you ride, how you customize it, and the gear you wear all reflect your personality and style. Bikes allow riders to express themselves creatively and authentically. As actor Ryan Reynolds said, "Riding a motorcycle is like an art. Something you do because you feel something inside."

Moreover, bikes often symbolize a simpler and more minimalist lifestyle. They offer an escape from the complexities and stresses of modern life, allowing riders to focus on the present moment and enjoy the ride. As Kamat noted, "The motorcycle is a mental and emotional break...It's a machine that gives you an open road, an honest place, and a feeling of freedom."

Industry insiders say that the biking trend has stood the test of time, enduring through the years without wavering. Whether young or old, from the ordinary to the famous, the passion for bikes remains unwavering, a universal fervor.

Embraced by Bike Enthusiast Bloggers: In this era of digital connectivity and constant updates, the blogging sphere has become a vibrant realm where enthusiasts share their experiences through engaging videos. Among these bloggers, bike-related content reigns supreme. Vagarsa, for instance, has garnered a massive following by documenting his bike escapades on camera, earning a prominent place in the world of bike enthusiasts.

Bike Rides for a Cause: Various initiatives and campaigns promoting the preservation of government schools, utilize bike rides as a means to raise awareness. With elections in full swing, the fervour for bike rallies during campaigns is palpable, underscoring the enduring appeal of bikes in public engagement.

Bike Frenzy in Cinematic Ventures: The allure of bikes in cinema dates back to its earliest days, with iconic examples like the superbike featured in 'Dhoom 3' etched in our memories. Similarly, the incorporation of bikes in movies like Yash's portrayal in the Kannada blockbuster 'KGF' and Rishabh Shetty's role in 'Kantara' has sparked a new trend among fans, further fueling the bike craze.

Stars' Bike Obsession, Dhoni's Collection Showroom: Beyond the silver screen, sports icons have also contributed to the bike frenzy. One such example is Mahendra Singh Dhoni, former captain of the Indian cricket team, whose impressive bike collection, including rare models not found in showrooms, has captivated fans. From vintage Yamaha Rajdoot 350 bikes to exotic sports bikes and scooters, Dhoni's collection showcases a diverse range of two-wheeled marvels that enthusiasts admire.

HONDA
SP160
PLAY IT BOLD.
ADVANCED BY NATURE. BOLD BY DESIGN.
To enjoy the video, please scan QR Code.
BOOK ONLINE NOW!
CLICK BOOK RELAX
BOLD DESIGN
ADVANCED DIGITAL METER
ICONIC LED TAIL LAMP
MONOSHOCK SUSPENSION
Low ROI @ 7.99%*
No Hypothecation*
7.5% Cashback Up to ₹5000*
For dealer details, WhatsApp or missed call on 7230032200 or scan the QR Code
Honda Motorcycle & Scooter India Pvt. Ltd., Registered Office: Plot No. 1, Sector - 03, IMT Manesar, Distt. Gurugram, (Haryana) – 122050, India; Website: www.honda2wheelersindia.com; Customer Care: customercare@honda2wheelersindia.com
*Terms & conditions apply. Product shown in the picture may vary from the actual product available in the market. Accessories shown in the product are not part of the standard equipment.
Honda Exclusive Authorised Dealerships: Ananda Honda - BOMMANAHALLI: 9738074162; HEBBAGODI: 9738074162; SARJAPUR RD: 9738074162; JIGANI: 9738066600; HOSA ROAD: 9738066600; Anekal Honda - ANEKAL: 080-27830234, 9880417779; City Honda - ST. JOHNS ROAD: 08025139199, 9480812350; H.R.B.R: 41614777, 9845941305; FRAZER TOWN: 9480812353; LALBAGH: 9480812397, 080-43333330; Haiku Honda - DOMLUR: 49656565, 9342432156; INDIRANAGAR: 9844478636; Dhruvdesh Honda - MEKHRI CIRCLE: 40500700, 9343968413; THANISANDRA (NAGAWARA): 7353030333; YELAHANKA: 40551122, 9343968407; VIDYARANYAPURA: 8150866333, 8152866333; Planet Honda - RAJAJINAGAR: 08068898888, 9980927735; PEENYA: 08068898888, 9980927730; SUNKADAKATTE: 08068898888, 9980927728; BASAWESHWAR NAGAR: 08068898888, 9980927726; Raja Honda - KORAMANGALA: 08067329000,9035310055; Prime Honda - VIJAYNAGAR: : 080 - 23010300, 8050503111; NAGARBHAVI: 080-23010700, 8095778000; KAMAKSHIPALYA: 080-23019700, 7829900444; Silicon Honda - RV ROAD: 9844502222, 9844726973; BANSHANKARI: 9844502444, 8722279009; R.R. NAGAR: 9964388333, 9071175200; MONOTYPE: 7353744400, JAYANAGAR: 8722801626; Saphire Honda - JP NAGAR: 7026000002; BG ROAD: 8553004004; KKP ROAD: 8553004002; PUTTENHALLI: 7353251007; GOTTIGERE: 8553004009; BTM: 7353252007; VFM Honda - KR PURAM: 9071858885, 9071858881; HENNUR ROAD: 9108989817, 9108989818; Tansi Honda - HOODI: 7259030091, 9741410101; MARTHAHALLI: 7259030100, 7259030093; VARTHUR RD: 8105597877, 9686573013; GUNJUR: 9606450642, 9606450643; Turbo Honda - DODDABALLAPURA: 7022620885; NELAMANAGALA: 080-27722333, 7022008894; Wings Honda - HOSKOTE: 7676907272; MALUR: 7676155600; TC PALYA: 9590815959; Sri Kausthub Honda - KOLAR: 9900018515, 9900018516;; KGF: 9900092115; MULBAGAL: 9008941044; SRINIVASAPUR: 8495956515; BANGARPET - 9980607661; Namma Honda - CHIKKABALLAPUR: 9606060610, 9611996114; CHINTAMANI: 9606060620, 9611996115; BAGEPALLI: 9611596112, 9611596110; Shankar Honda - GOWRIBIDANUR: 9900007422/33; SIDLAGHATTA: 9611596113; Century Honda - TUMKUR: 08162261939, 9620263388; SIRA: 9620267057, 9538392767; GUBBI: 9620267051; Shantinath Honda - TUMKUR: 08162279969, 9449334359; KUNIGAL: 7022276603; KUNIGAL ROAD: 9844351599, 9844351399; KORATAGERE: 9606955149; Honey Honda - PAVAGADA: 9535941215; Annapoorna Honda - MADHUGIRI: 9886627429; Vignesh Honda - TIPTUR: 9886711161; TURUVEKERE: 9448214014; Sri Srinivasa Honda - CHIKKANAYAKANAHALLI: 8722522221; Prestige Honda - RAMNAGARA: 9606490030, 9606036040; KANAKAPURA: 9606036053, 9606036054; CHANNAPATNA: 9606490034, 9035717953; ART Honda - BIDADI: 9945966771, 9164871007; Springs Honda - KENGERI: 9513771114; Nideesh Honda - DEVANAHALLI: 9108871999, 9686608579; VIJAYAPURA: 9108871999, 7899870207.
For Bulk/Institutional enquiries, please write us at: institutionalsales@honda2wheelersindia.com

Deep-tech drives growing patenting patterns in India: Study

Intellectual Property (IP) rights, particularly patents, are gaining traction as innovation drives the economy, with a significant surge in patents filed in India led by the deep-tech sector, according to a recent study. It said that Tamil Nadu filed the maximum number of patents during FY23.

Industry body Nasscom on Friday released the seventh edition of its annual 'Patenting Trends in India' study, highlighting approaches to fostering an IP-led digital economy.

The study sourced insights from annual reports of WIPO (World Intellectual Property Organization) and Intellectual Property India, among others. According to the report, 83,000 patents were filed in India in FY2023, marking the highest surge of 24.6 per cent in the last two decades. The share of patents filed by women in India grew to 11.6 per cent in FY2022 from 10.2 per cent a year ago.

With 9.3 per cent of total patent filings during FY23, Tamil Nadu surpassed Maharashtra (contributing 6.8 per cent) to take the top rank.

70% of India-origin filings by deep-tech startups in Chennai; 25-30% are based out of Bengaluru

The number of patents granted also witnessed a significant growth rising over two times between FY2019 and FY2023, it said. The study highlighted the gathering steam around innovation in technology in India with major Indian deep-tech startups filing 922 patents since 2008.

The report noted that the Chennai patent office accounts for nearly 70 per cent of the India-origin filings by deep-tech startups as 25-30 per cent of these are based out of Bengaluru.

The majority of these are in the AI and healthcare space, it said.

After India, the US has been the key country of origin for patents across major deep-tech startups in India. Further, the report said India's share in patents filed globally is just above 2 per cent, which implies the need for more focused initiatives in this direction.

"The surge in patent filings within the last few years is a clear indication of India's growing innovation prowess, particularly in areas like artificial intelligence. To further enhance domestic patent activity, collaborations among key stakeholders are essential for fostering and increasing awareness of intellectual property rights," Nasscom president Debjani Ghosh said.

– PTI

Your Connect

jobs

SITUATION VACANT

ACADEMIC

PRINCIPAL

SRI KK EDUCATION CENTRE
(Affiliated to CBSE, Aff. No. 830256)
Kadabagere, Magadi Road, Bangalore
PRINCIPAL REQUIRED
Candidates with minimum experience of 5+ years as principal in CBSE School.
Qualification : Post Graduate (Ph.D Candidates will be given preference)
Email: srikkec@gmail.com
Ph: 9886535292

TEACHER

ANANTHA VIDYANIKETANA
Endless Growth...
Affiliated to ICSE
DEVANAHALLI
BANGALORE RURAL
TEACHERS WANTED
English,
Art and Craft,
Science Lab Assistant (with B.Sc.)
PE with Yoga certification
For Primary, Middle and High School
Passion for teaching,
Excellent English language skills needed.
Transport Provided
Pls email resume to
hr@anantha.ac.in
For any queries call:
9900267365

ACCOUNTS

BANKING

National Institute for Rural Banking (NIRB)
Padmanabhanagar, Bengaluru.
WANTED FACULTY
NIRB is primarily engaged in training personnel of Co-Operatives in Agricultural Credit and Rural Banking. Persons with requisite qualifications and experience in Banking may apply. Bankers recently retired, with teaching experience in training establishments of Banks will be preferred, as Faculty on contract terms. Suitable persons may mail their CVs to **info@nirb.org.in before 10th May 2024.**

OTHER VACANCIES

DRIVERS

WANTED Drivers with Valid Driving Licence with Experience for Luxury Car, preferred in and around Ulsoor, Salary Rs. 23,000/- plus OT, Languages known Tamil, Kannada, English, etc. Call: 9535163923

real estate

BANGALORE PROPERTIES

HSR LAYOUT

FOR sale HSR 30x40 plot (3.7cr)& 27x51 comercial building 24th main (4.3cr) &BTM 4th stage comertial 100ft road 30x40(5.3cr) 9980243115/9986856992

NAGARBHAVI

EXCELLENT Location New 3 BHK High-End Last Two Flats with all teak wood for Sale, Rs.1.35 cr slightly Negotiable Nagarbhavi near Deepa Com plex. Ph: 9886436804/ 9980805155

THE TIMES GROUP
Readers are recommended to make appropriate enquires and seek appropriate advice before sending money, incurring any expenses, acting on medical recommendations or entering into any commitment in relation to any advertisement published in this publication. The Times Of India Group doesn't vouch for any claims made by the Advertisers of products and services. The Printer, Publisher, Editor, and Owners of The Times Of India Group publications shall not be held liable for any consequences, in the event such claims are not honoured by the Advertisers.

PEENYA

BUILDING ON LEASE
FOR LEASE
80,000 SQ FEET FACTORY BUILDING (4 FLOORS) IN PENNYA
50,000 SQ FEET OFFICE BUILDING (5 FLOORS) IN PENNYA
Contact: vikas 6361809965
Contact no: vikas vikas20952024@gmail.com

VISVESWARAIAH LAYOUT

NPKL Block 1 Sector H BDA North East corner 1810 sft 1st auction buyer. Rs 8000psft. Brokers excuse. 9686111709

ESTATE & PROPERTIES

Sustainability meets luxury, presenting well designed **3BHKs in RMV, 5.2cr** onwards.
Chandan
98441 41882
JLL

FOR Sale - Pre leased property off JC Road, Bengaluru. Fetching 4 Lakhs rent, 8 crores negotiable. Rent hike 5% every year. Ph: 9845034523, 9845076189

FOR SALE

BANGALORE

MANTRI Alpyne 3BHK + CCP For Sale Rs.1.15Cr Neg. 1260SQFT. S-Facing. Semi-Fur. High Fl. Call Owner 9880819555

OUTSIDE BANGALORE

MANGALORE

BEACH PLOT FOR SALE
Beach Property Plots for sale in Kumta.Karwar Town planning approved
OFFER RATE for 2450 sqft
Contact
8971380555

PROPERTY ANCILLARIES

LEASE & RENT

AVAILABLE FOR RENT:1326 sqft prime office space in Bellandur's prominent business complex.Call: 9483506872.

PROPERTY WANTED

JOINT Development wanted for a Reputed Builder. 3 to 20 acres for a villa project joint development only Requirement area Whitefield, Budhigere, Yelahanka & any where good place in Bangalore. Brokers welcome to commission 10 to 20 lakhs Per Acre. Call- 8970111109

personal

CHANGE OF NAME

I, Geetha.J, W/o A.V. Rajagopalan, Residing at No.T-5, 3rd Floor, Shripride Apartment, C.M.R. Law College Main Road, Chikka Banaswadi, Bangalore - 560043. My name mentioned in Aadhaar card & Pan Card as Geetha.J & In my Passport as Geetha Rajagopalan. The above mentioned names belongs to same person. Hereby declare that My correct name is Geetha.J vide affidavit dated 26.04.2024 Sworn before Notary Shaik Mahaboob, Bangalore.

I, Anupama Chowdary Cherukuri W/o Prashanth Nak Hari aged about 43 years M/o Kumari.Anvita Hari Prashanth D/o Prashanth Hari aged about 11 years currently residing at No.802, 7th Main, 1st Cross, HAL 2nd Stage, Indiranagar, B'luru-560008 have changed her name to Anvita Hari vide affidavit dtd:25/04/2024 sworn before notary Uday Kumar K, B'luru.

I, Anupama Chowdary Cherukuri W/o Prashanth Nak Hari aged about 43 years M/O Kumari.Tanvi Hari Prashanth D/o Prashanth Hari I aged about 15 years currently residing at No.802, 7th Main, 1st Cross, HAL 2nd Stage, Indiranagar, Bengaluru-560008 have changed her name to TANVI HARI vide affidavit dtd:25/04/2024 sworn before notary Uday Kumar K, B'luru.

I, JOHARA W/o Christapper Udayakumar R/at No.U-164, 8th Main, RGI Colony, L N Puram, Srirampuram, Bengaluru- 560021 have changed my name to ANISHA UDAY KUMAR CHRISTAPPER vide affidavit dated: 25/4/2024 Before Notary Mamatha N.K Bangalore.

I, ESBILLA RANI W/o Gnana Prakasam (EX NK 1240728) R/at No.2174, 7th Main Road, 2nd Block, 1st Stage, HBR Layout, Bangalore- 560043 have changed my name to ISABELLA RANI vide affidavit dated: 24/04/2024 Before Notary S.R.Nanjunda Swamy Bangalore.

I, SARAL DOUGLAS OMO EVBUOMWAN R/at No.181 3rd Floor, 4th Cross 2nd Stage Rashad Nagar Near UL Hassan Masjid Bangalore- 560045 have changed my name to SARAL vide affidavit dated: 25/04/2024 Before Notary S.R.Nanjunda Swamy Bangalore.

I, Valluru Madhavi R/o No D23, Bel Colony, Jalahalli, Blr-560013 Changed My Name Madhavi Bandhkavi to Valluru Madhavi for All Future Purposes

I, Srinivasan Ramu, R/o Flat No.504 Mahaveer cedar Apartment , Chikkabanavara PO , Bangalore-560090 have changed my name to Ramu Srinivasan.

I, Venkata Ramayya Bandhakavi R/o No D23, Bel Colony,Jalahalli, Blr-560013 Changed My Name Venkata Ramayya Bandhkavi to Venkata Ramayya Bandhakavi for All Future Purposes

I, Hemant Abhishek Bhasin, S/O Narinder Bhasin, have changed my name to Hemant Bhasin wide affidavit dated 25/04/2024 sworn in before notary KV Mani, Bangalore.

I, Tahura Tabasum A W/o Mohammed Ibrahim A R R/o FF1 Amber Residency 199/1 5th cross Hilal Nagar B'lore-560043 have changed my name to Tahura Tabasum Ibrahim.

MISSING

MISSING

Satyanarayana Age 60, Missing from Banashankari, Bangalore, Mentally retarded. Suitable reward is considered 10000.
Contact: **9986450482**

GET NOTICED

Kaggalipura is the new real estate hotspot

Kanakapura Road especially around Kaggalipura has emerged as a prime destination for real estate investment in Bangalore, drawing attention from buyers, realtors, and industry experts alike. This transformation from a serene suburb to a bustling real estate hub has been fueled by several factors, making it an attractive choice for both residential and commercial ventures.

One of the key drivers behind the growing preference for Kanakapura Road is its strategic location. Situated in the southern part of Bengaluru, the area enjoys excellent connectivity to major IT hubs such as Electronic City, Bannerghatta Road, and JP Nagar. This connectivity is a major draw for IT professionals and businesses, leading to increased demand for residential and commercial properties in the vicinity.

Realtors operating in the area have witnessed a significant surge in inquiries and transactions, highlighting the rising popularity of Kanakapura Road. According to Shamugappa, a local real estate agent, "The demand for properties on Kanakapura Road has been phenomenal in recent years. Buyers are attracted to the area due to its connectivity, upcoming infrastructure projects, and serene environment."

Buyers, too, are expressing keen interest in investing in Kanakapura Road, citing factors such as affordability, amenities, and potential for appreciation. Sukriti Desai, a homebuyer who recently invested in a plot in Kanakapura Road said, "I chose Kanakapura Road for its peaceful surroundings, proximity to nature parks, and upcoming metro connectivity.

It offers a balanced lifestyle away from the city's hustle and bustle. Additionally, the area's development prospects have received a significant boost with planned infrastructure projects such as the upcoming metro line extension, road expansions, and commercial developments.

These initiatives are expected to further enhance connectivity, accessibility, and overall livability along Kanakapura Road, making it a promising investment destination."

Experts in the real estate sector also acknowledge the growth potential of Kanakapura Road. Mr. Sanjay Singh, a property consultant, comments, "Kanakapura Road has witnessed rapid development in terms of infrastructure, educational institutions, and healthcare facilities.

This comprehensive growth trajectory makes it an attractive choice for long-term investment. One of the notable attractions along Kanakapura Road is its natural beauty and greenery, with the area being dotted with lush landscapes, lakes, and parks.

This factor adds to the overall appeal for homebuyers seeking a serene living environment within city limits. Living here feels like a retreat amidst nature, yet I have easy access to essential amenities and the city center. Kanakapura Road offers lucrative investment opportunities with options for budget plots as well.

Kanakapura Road's rise as a preferred real estate destination in Bengaluru is attributed to its strategic location, connectivity, natural beauty, and development prospects. With increasing demand from buyers, positive feedback from real estate professionals, and ongoing infrastructure improvements, the area is poised for continued growth and investment opportunities in the coming years."

– PRAKASH VL

BM Property
Every Saturday
Contact for advertisement
Mahesh Malagi
9886721857

RESIDENTIAL PLOTS AVAILABLE
Near
KAGGALIPURA & SOMANAHALLI
"Approved by Concerned Authorities"
PLOT Price Starts from 8 Lakhs Onwards
EMI Options Available
Electricity | Water | Tar Road | Park | Drainage
NICE Road
APS College
Kaggalipura
Somanahalli
THE ART OF LIVING
ALL BASIC AMENITIES PROVIDED
89700 56056

mybangaloremirror@timesgroup.com
facebook.com/theBangaloremirror
@BangaloreMirror

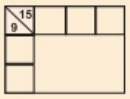
SOLVE IT IN A MINUTE

$(6^2 \div 2\,(3)) / (6^2 \div 3\,(2)) = A$

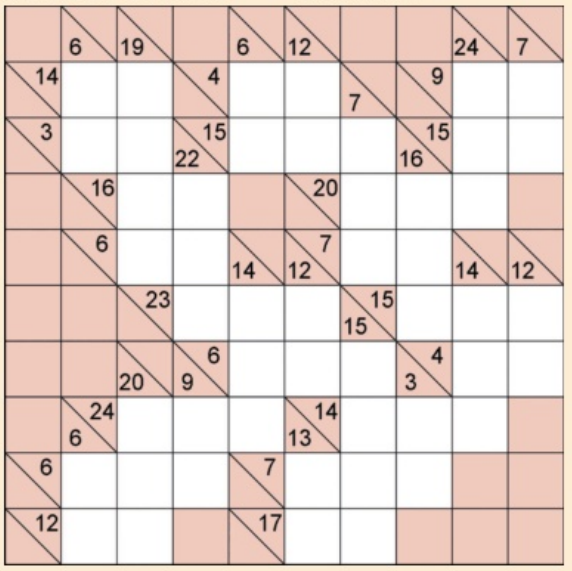
$16\,\hat{}\,A = ?$

Kakuro

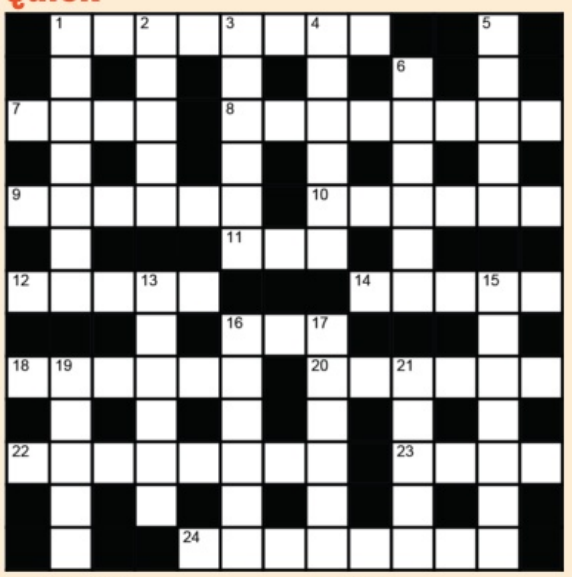
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Huge (8)
7 Not in favour of (4)
8 Segregated or separated (8)
9 Martial art (4,2)
10 The Naked Face author ___ Sheldon (6)
11 Author of The Raven (3)
12 Jammed (5)
14 Card game (5)
16 Seed of a legume (3)
18 Liquid substance; alcoholic drink (6)
20 Church officer (6)
22 Capital of Finland (8)
23 Her basilica is located in Shivajinagar (4)
24 Postponed (8)

DOWN

1 Behaviour (7)
2 Don't take it ___ down : stand up to it? (5)
3 Mistake (4-2)
4 Wake or stir up (6)
5 Military blockade (5)
6 Of the tail (6)
13 Curriculum (6)
15 Greatly surprised (7)
16 King's son (6)
17 Look up to (6)
19 Notions (5)
21 City in Rajasthan (5)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: C EQUALS W

CH JNH RLYHHY EKQB EINH WBJL CBJW CH HJW, VKW CBJW CH HJW QJL LHGHNWBHPHUU BHPF KU WI VH EKQB EINH WBJL CBJW CH JNH.

Linemaro

You are like a candy bar, half sweet and half nuts

Mindchow

God is good, but never dance in a small boat

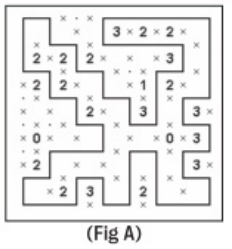
Joke of the day

After 12 years of therapy, my psychiatrist said something that brought tears to my eyes ... he said, "No speak ingles."

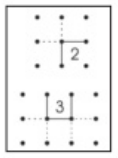
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)



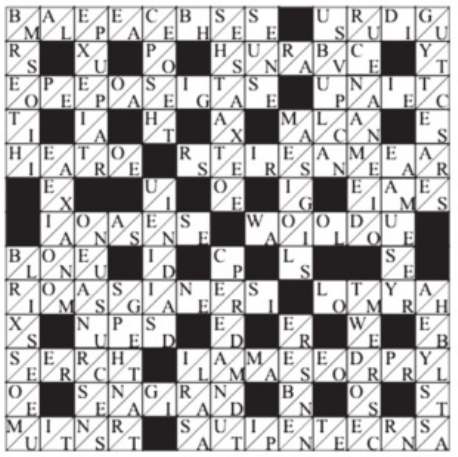
(Fig B) Not Allowed

How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...

1	2	3	4 P	5
6				
7				
8				
9				

ACROSS

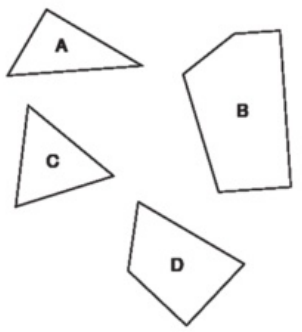
1 Scamp; 6 UK Aim;
7 No Ben; 8 Lu Tee;
9 To BSE

DOWN

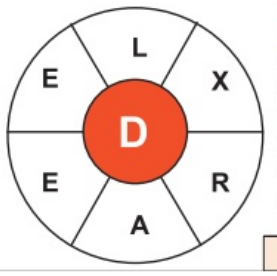
1 Be cub; 2 Maleo;
3 In Sum; 4 An opt;
5 St eke

Mensapuzzle

Which three pieces below can be fitted together to form a perfect square?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

12 Average; 14 Good; 16 Outstanding

SudokuChallenge

			9		3			
8								6
	6	3	7		4	2	1	
	3	9		7		6	5	
	7	1		2		9	8	
	2	8	6		5	4	7	
6								9
			8		1			

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 25
3 6 7 9

Medium = 27
3 3 5 9

Hard = 6
2 6 9 5

Hocusfocus

Find at least six differences in details between panels.

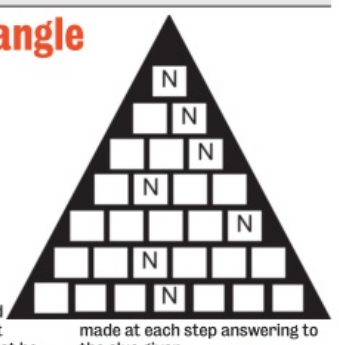
Differences: 1. Stripe on sleeve is missing. 2. Awning is not as wide. 3. License plate is missing. 4. Woman's arm is moved. 5. Label is smaller. 6. Hoe is different.

Riddler

Which three-letter word completes the following longer words: t—ge, re—d, lap—g, s—gs?

Alpha triangle

1 One of the poles
2 A's alternative
3 Light brown
4 Against
5 Glossy fabric
6 Mental health
7 Holy



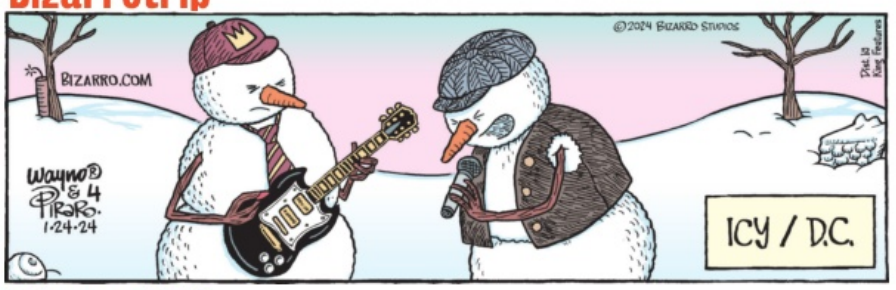
Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye

Bizarrotrip



Diamond Lil

Hart of the city

Crankshaft

WHAT'S HE DOING HERE?
HE'S OUR THERAPY DOG... PEOPLE FIND HIM RELAXING TO BE AROUND.
DOES HE BITE?
BATIUK & DAVIS tombatiuk.com/books
1-2-4

Mutts

EARL, WHAT CAN I DO TO SHTOP PEOPLES FROM WEAR-ING FUR?
HOW ABOUT SOCIAL PROTEST?
WHAT?
YOU CAN GO ON A FAST— A HUNGER STRIKE!
HOW COME WE NEVER DISHCUSS ANYTHING SHERIOUSLY AROUND HERE!?!
mutts.com
www.kingfeatures.com
1-9

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may be busy with domestic issues. You may spend money on buying some artefacts or household items. You are advised to control spending on worthless items, as it may attract negative energy into the house. Additionally, it's recommended to control your harsh speech with those around you.

Taurus Apr 21 – May 20
Today, your spiritual power may bring you happiness. Your mindset may be positive, and you may feel inclined towards spiritualism. You might plan to visit a religious place or take an interest in occult science. It's advisable to keep your thoughts to yourself and discuss them only with those who understand your perspective.

Gemini May 21 – Jun 21
Today, you may feel nervous and lack patience. To find peace, you may be drawn to the occult. It's advised to follow your intuition before making any decisions. You may also gain in-depth knowledge on a subject or have a strong focus on your research.

Cancer Jun 22 – July 23
Today, with the moon in a favourable position, you can expect positive momentum in both your professional and domestic life. There may be gains in your investments, and you could receive help from friends and relatives. Your hard work is likely to lead to success.

Leo Jul 24 – Aug 23
Today, you may perform well, and your children's health may improve. Consider making investments for their future. You might demonstrate loyalty in your job, and job seekers could find opportunities through referrals. You may identify hidden enemies and counter them with blessings.

Virgo Aug 24 – Sep 23
Today, your mother's health may be good, and you may enjoy success at work. Social respect may increase, but overworking could lead to fatigue, causing you to miss family events.

Libra Sep 24 – Oct 22
Today, you may be satisfied with your work and plan for a short work-related trip. Visiting a religious place could bring inner peace, and guidance from mentors may provide clarity on your goals.

Scorpio Oct 23 – Nov 22
Today, you may feel dull, so keep a cool mind and think twice before acting. Travelling to recover money could be necessary to avoid losses. Avoid adventurous activities, and students should focus on studying for success.

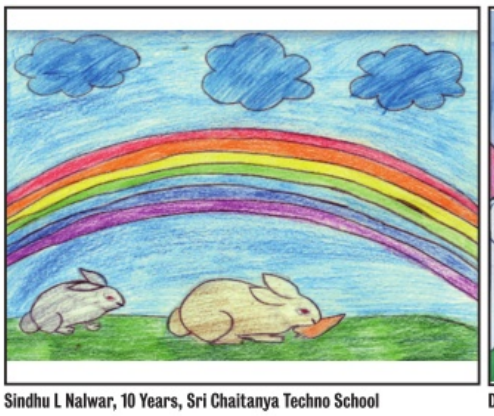
Sagittarius Nov 23 – Dec 22
Today, domestic harmony may bring happiness, and meeting influential people could benefit your work. Expect good performance and potential rewards in your job, including promotions. Disputes over inherited property may settle.

Capricorn Dec 23 – Jan 20
Today, you may focus on your children and invest in their future. Innovation in partnerships and business investments could lead to future growth. Consider planning for higher studies to enhance your career.

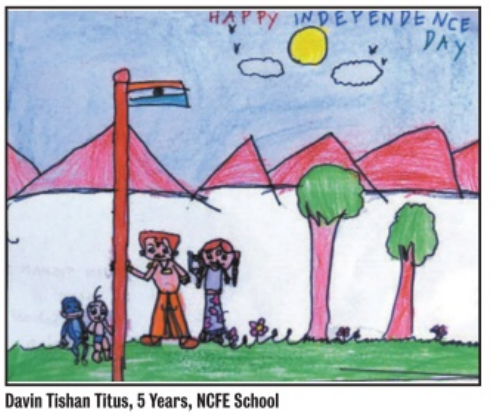
Aquarius Jan 21 – Feb 19
Today, self-analysis may boost your confidence, and you may find clarity in achieving your goals. Creativity may improve, and you may take an interest in various forms of art and entertainment. Your opponents may be under control, leaving you satisfied with life.

Pisces Feb 20 – Mar 20
Today, helping needy people may enhance your reputation. New ideas may arise, and implementing innovations could boost your business. Lovebirds may plan outings or adventures together.

KIDZONE



Sindhu L Nalwar, 10 Years, Sri Chaitanya Techno School



Davin Tishan Titus, 5 Years, NCFE School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
(36/2 (3)) / (36/3 (2)) = A
(18 (3)) / (12 (2)) = A
(54) / (24) = A
A = 2.25

RIDDLER
Win t-WIN-ge, re-WIN-d, lap-WIN-g, s-WIN-gs

STRIKE OUT

FAST FIVE

C	A	M	P	S
U	M	I	A	K
B	O	N	N	E
E	L	U	T	E
B	E	S	O	T

BULL'S EYE
alder, axed, dale, dare, deal, dealer, dear, deer, elder, lade, lard, lead, leader, read, reed, RELAXED

16^2.25
= 16^[2(25/100)]
=16^[2+(1/4)]
=16^(9/4) = 512

QUICK

MENSA PUZZLE

QUOTE UNCODE
We are indeed much more than what we eat, but what we eat can nevertheless help us to be much more than what we are.

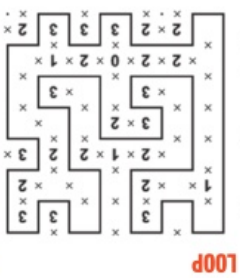
SUDOKU

1	5	2	9	6	3	7	4	8
8	4	7	5	1	2	3	9	6
9	6	3	7	8	4	2	1	5
2	3	9	1	7	8	6	5	4
4	8	6	3	5	9	1	2	7
5	7	1	4	2	6	9	8	3
3	2	8	6	9	5	4	7	1
6	9	5	8	3	1	2	6	9
7	9	4	8	3	1	5	6	2

ALPHA TRIANGLE
N, An, Tan, Anti, Satin, Sanity, Salinity.

GO FIGURE
Easy
7 + 9 + 6 + 3 = 25
5 x 3 + 3 + 9 = 27
Medium
9 - 6 + 5 - 2 = 6
Hard

LOOP



KAKURO

Volume No 17, Issue No 017 RNI NO:KARENG/2007/22411 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011 and printed by him at Bennett Coleman & Co Ltd., The Times of India Press, No. 9/10/11-A, 4th Main, KIADB Bommasandra Industrial Area, Anekal Taluk, Bangalore - 560 099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru - 560 011, Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon - responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

99 YEARS OF PURITY & TRUST

BHIMA Akshaya Tritiya

9TH MAY - 12TH MAY

ADVANCE BOOKING OPEN TILL 8TH MAY

PAY ONLY 10%* NOW AND
GET ₹100 LESS PER GRAM ON GOLD RATE

GOLD

UP TO ₹500* OFF PER GRAM

DIAMOND

FLAT ₹7,000* CASHBACK PER CARAT
PLUS FREE GIFT CARD WORTH UP TO ₹1 LAKH

SILVER

UP TO ₹5,000* OFF PER KG

LUCKY DRAW

1 KG* GOLD COINS TO BE WON

*T&C APPLY.

To locate stores, scan QR code

BHIMA Toll Free Helpline
1800-121-9076
(10:00 a.m. to 7:00 p.m.)

BENGALURU • UDUPI • HASSAN • MANGALURU • SHIVAMOGGA • VIJAYAWADA • CHENNAI
RAJAHMUNDRY • HOSUR • BELAGAVI • HUBBALLI

BHIMA JEWELLERS
GOLD • DIAMONDS • SILVER • PLATINUM

SINCE 1925